

## You'll see results!

The It Works contouring Applicator treatments (Ultimate Body Applicator™ & Chin & Neck Applicator™) are successful for the majority of users the very first time an Applicator is used. Many people experience contouring results after 45 minutes and progressive results over the first 72 hours after applying one Applicator.

- Botanically-based formula will deliver maximum tightening, toning, and firming results when applied to the skin.
- Skin will look hydrated, more youthful, with improved appearance of body contours and cellulite.

## What if little or nothing happens?...

Although most individuals begin to see improvements after the first application, it may take up to 3-4 applications for some to achieve optimal results.

- Those who are on medications and/or who have toxic systems may fit in the category.
- Everyone's body is different, and if you have small or clogged pores it can affect your ability to see results with a contouring Applicator. We recommend that you use our residue-free, naturally based Cleanser Gel to remove impurities from the skin, as well as an exfoliator to help remove any dead skin cells that may be clogging your pores and preventing you from absorbing the lotion formula.
- The amount of toxins in your body will play a role in how quickly you will see results. Drinking plenty of water will assist in this process and help you start seeing results. Many people who do not see desired results within the first 45 minutes and drink plenty of water over the next 24 - 72 hours after the initial application will then see dramatic contouring results throughout that time period.

## What Can I Do to Achieve Better Results?

Some of our dietary supplements, such as Regular, Greens, and It's Vital, can help improve results by working to detoxify your body. Using these supplements can help you achieve better results with the Ultimate Body Applicator because the nutrients they contain may allow your body to remove toxins more efficiently.\* For more details, please visit the Product Coach FAQs on our website

With The Ultimate Body Applicator, results are both immediate and progressive. With each treatment you will continue to see contouring results. Your skin will look and feel smoother, younger, more toned, and tightened.

A once-a-week application is recommended for continuous, progressive results and for ongoing maintenance. The more consistent and diligent you are in applying the Ultimate Body Applicators over time, the better the results! Contouring Applicators may be used as often as once every 72 hours. For best results, add Defining Gel, our daily contouring gel lotion, to your beauty regimen on days in between Applicator uses.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

## Wrap Ingredients

Water	(Aqua)			TEA-Hydroiodide			Skin Conditioning - Tightening - Helps with cellulite
Glucose			A simple Sugar - Grape Sugar	Methylsilanol Mannuronate			An organic derivative of seaweed that binds moisture in the epidermis therefore firming and strengthening the skin. The sea algae extra found in it has long-lasting moisturizing properties that help combat the deterioration of collagen and elastin fibers, giving it skin firming properties; it is also known to fight free radicals. It is also known to act as an anti-oxidant to actively prevent premature aging. Normalizes cellular metabolism, is a tissue regenerator and aids in the reduction of cellulite. Seaweed has also been shown to have detoxifying properties
Caprylic	Caric Triglyceride		Saturated fatty acid known by the systematic name <b>octanoic acid</b> . It is found naturally in the milk of various mammals, and it is a minor constituent of coconut oil and palm kernel oil.	Menthol			An organic compound made synthetically or obtained from peppermint or other mint oils. It has local anesthetic and counterirritant qualities. It chemically triggers the cold-sensitive receptors in the skin which contributes to the cooling sensation.
Glycerin			Simple polyol compound. It is a colorless, odorless, viscous liquid that is widely used in pharmaceutical formulations. Glycerol has three hydroxyl groups that are responsible for its solubility in water and its hygroscopic nature. The glycerol backbone is central to all lipids known as triglycerides. Glycerol is sweet-tasting and of low toxicity	Camphor			Found in the wood of Evergreen trees found in Asia. It has the same effects as Menthol
Alcohol Denat.			Alcohol, also called ethanol or ethyl alcohol, is the alcohol found in alcoholic beverages. When used in products that are not food, beverages or oral drugs, many countries, including the United States, require that alcohol be denatured.	Panthenol			Vitamin B5 - improves hydration, reduces itching and inflammation of the skin and accelerates and improves healing of epidermal wounds.
Steric Acid			Stearic acid is noteworthy as the most common saturated fatty acid	Phenoxyethanol			An organic chemical compound used in cosmetics as a preservative.
Stearyl Alcohol			It is a fatty alcohol.	Retinyl Palmitate			Vitamin A - Retinol
Ceteareth 12			Alcohol	Triethanolamine			Various ear diseases and infections are treated with eardrops containing triethanolamine polypeptide oleate-condensate, such as Cerumenex in the United States. In pharmaceuticals, triethanolamine is the active ingredient of some ear drops used to treat impacted earwax. It also serves as a pH balancer in many different cosmetic products - ranging from cleansing creams and milks, skin lotions, eye gels, moisturizers, shampoos, shaving foams etc. TEA is a fairly strong base: a 1% solution has a pH of approximately 10, whereas the pH of skin is below pH 7. Cleansing milk/cream emulsions based on TEA are particularly good at removing makeup. Because of its high alkalinity and the possibility that it converts to nitrosamines (carcinogenic compounds), its use in cosmetics was once expected to diminish. It is still widely used as of 2009.
Aesculus Hippocastanum	(Horse Chestnut)	Seed Extract	Horse chestnut has been used for swelling and pain due to varicose veins and poor circulation in the legs	Carbomer			The Carbomers help to distribute or suspend an insoluble solid in a liquid. They are also used to keep emulsions from separating into their oil and liquid components. Carbomers are often used to control the consistency and flow of cosmetics and personal care
Fucus vesiculosus	(Bladderwrack)	Thalle Extract	A seaweed found on the coasts of the North Sea, the western Baltic Sea, and the Atlantic and Pacific Oceans. It was the original source of iodine, discovered in 1811, and was used extensively to treat goitre, a swelling of the thyroid gland related to iodine deficiency	Rosmarinus Officinalis	(Rosemary)	Leaf Oil	Anti-inflammatory
Hedera Helix	(Ivy)	Leaf Extract	A Plant - People who are allergic to carrots might be allergic to this	Eucalyptus Globulus	(Eucalyptus)	Leaf Oil	
Equisetum Arvense	(Horsetail)	Leaf/Stem Extract	A plant - rich in potassium and calcium	Caprylyl Glycol			Skin-conditioning agent that is plant-derived
Ruscus aculeatus	(Butcher's Broom)	Root Extract	A shrub known to enhance blood flow to the brain, legs and hands. It has been used to relieve constipation and water retention and improve circulation. Since Butcher's broom tightens blood vessels and capillaries, it is used to treat a common condition known as varicose veins. It is also used for hemorrhoids	Sorbic Acid			A salt - used as a preservative
Paullinia cupana	(Guarana)	Seed Extract	A plant Rich in caffeine. Has been known to increase memory, alertness and mood.	BHT, Limonene			Used in face-lift type products
Simmondsia Chinensis	(Jojoba)	Seed Oil	jojoba and its derivative jojoba esters more similar to human sebum and whale oil than to traditional vegetable oils.	Linalool			A naturally occurring terpene alcohol chemical found in many flowers and spice plants with many commercial applications, the majority of which are based on its pleasant scent (floral, with a touch of spiciness).
Decyl Oleate			Alcohol - Skin Conditioning agent				
Magnesium Aluminum Silcate			A naturally occurring mineral derived from refined and purified clay that is used primarily as a thickener in cosmetics and beauty products. It is naturally of a flaky, white consistency and is used most often as a filler in deodorants, shaving creams and thick lotions. It has unusually large molecules; because of this, it is unable to be absorbed into the skin	Clath			
Glyceryl Stearate			Commonly known as GMS, is an organic molecule used as an emulsifier.[2] GMS is a colorless, odorless, and sweet-tasting flaky powder that is hygroscopic. It is a glycerol ester of stearic acid. It occurs naturally in the body as a by-product of the breakdown of fats, and is also found in fatty foods	Polypropylene / Polyethylene			Its most common medical use is in the synthetic, nonabsorbable suture Prolene, manufactured by Ethicon Inc. It has been used in hernia and pelvic organ prolapse repair operations to protect the body from new hernias in the same location.
PEG 7 Glyceryl Cocoate			An emollient surfactant, foamer and skin conditioner. It is a pale yellow liquid and is dual solubility. It lends a emollient light, lubricious skin feel to liquid soaps, bubble baths, shampoos, facial cleansers, body washes, shower gels; 2-in-1 shampoos at use levels of 2-10%				
Tocopheryl Acetate			Vitamin E Acetate				